

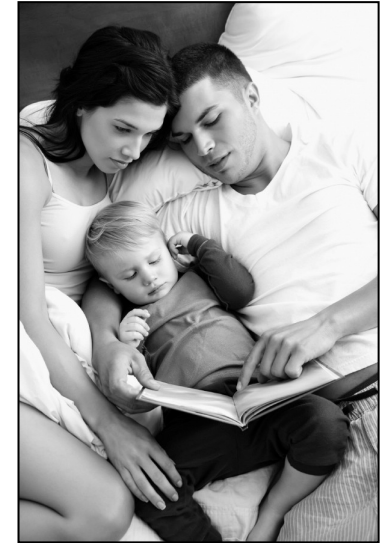
**Raising kids is hard work...but it's your most important job!
Come learn some strategies that may help make it a little easier.**



Positive Solutions for Families

**A free 6-week course focused on parenting
toddlers and preschoolers.**

Family dinner and child care are included.



**Thursday evenings, January 26th to March 1st, from 6 to 7:30
Luray United Methodist Church**

Families need to call to sign up by January 20th. Call 244-4543. (Head Start)



This class is sponsored by Smart Beginnings, a regional coalition focused on early childhood initiatives. Our Page County locality team includes: Page County Public Schools, ChildCare Connection, Healthy Families Page County, Skyline CAP Head Start, Virginia Cooperative Extension, and interested community members. For more information about the coalition, go to www.valleymartbeginnings.org.