



Free Parent Education and Support Classes

**Childcare Connection
is sponsoring**

Parenting Education and Support Classes

Childcare Connection is sponsoring a free series of Parenting Education and Support (PEAS) classes beginning Monday, September 27. Classes are taught using The Incredible Years, an award winning 12-week parent training program for parents of children 2-11 years old. This program improves parenting skills and strengthens families by:

- encouraging positive and nurturing parenting**
- improving problem-solving skills, anger management and communication skills**
- decreasing negative behaviors and non-cooperation with parents, and**
- decreasing disruptive behaviors in children.**

Classes begin at 6:00 pm with free family dinner and will be held in Stanley at the Seventh-Day Adventist School on Main Street. Child care is provided for all classes. To register, please call Childcare Connection at 778-4600.

