

Page County Public Schools

Curriculum Pacing Guide

Course: PE
Grade Level: K

Nine Weeks	Content and Essential Questions	Skills	Suggested Assessments
1 st	Skilled Movement PE K.1 a, b	The student will demonstrate progress toward the mature form of selected locomotor, nonlocomotor, and manipulative skills. a) Demonstrate the locomotor skills of walking, running, hopping, jumping and landing. b) Demonstrate the non-manipulative movements of bending, pushing, pulling, stretching, turning, twisting, swinging, swaying, rocking, and balancing.	Teacher Observation
	Personal Fitness PE K.3	The student will participate for short periods of time in moderate to vigorous physical activities that cause an increase in heart rate, breathing rate, and body temperature.	Question-Answer Discussions
	Responsible Behavior PE K.4 a, b, c	The student will use appropriate behaviors and safe practices in physical activity settings. a) Demonstrate good listening skills when learning procedures and receiving instruction. b) Demonstrate ability to share, and be cooperative and safe with others. c) Demonstrate and understanding of general and personal a space.	Teacher Observation
	Physically Active Lifestyle PE K.5	The student will participate in regular physical activity.	Question-Answer Discussions

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2 nd	Skilled Movement PE K.1 b ,c, e	The student will demonstrate progress toward the mature form of selected locomotor, nonlocomotor, and manipulative skills. b) Demonstrate the non-manipulative movements of bending, pushing, pulling, stretching, turning, twisting, swinging, swaying, rocking, and balancing. c) Demonstrate a minimum of two critical elements (small , isolated parts of the whole skill or movement) used in stationary manipulative skills (e.g. toss and throw to targets, bounce and catch, toss and catch, kick to target, strike with paddle, dribble, roll underhand, trap volley with hand). e) Demonstrate moving to a beat, using basic locomotor and non-locomotor rhythmic patterns.	Teacher Observation Follow-Up Activities
	Movement Principles and Concepts PE K.2	The student will demonstrate use of the movement concepts of directions, levels, pathways, and effort (force and speed) while performing locomotor skills.	Teacher Observation
	Personal Fitness PE K.3	The student will participate for short periods of time in moderate to vigorous physical activities that cause an increase in heart rate, breathing rate, and body temperature.	Question-Answer Discussions
	Responsible Behavior PE K.4 a, b	The student will use appropriate behaviors and safe practices in physical activity settings. a) Demonstrate good listening skills when learning procedures and receiving instruction. b) Demonstrate ability to share, and be cooperative and safe with others.	Teacher Observaion
	Physically Active Lifestyle PE K.5, K.6	The student will participate in regular physical activity.	Question-Answer Discussions

Nine Weeks	Content and Essential Questions	Skills	Suggested Assessments
3 rd	Skilled Movement PE K.1 b, c, d	The student will demonstrate progress toward the mature form of selected locomotor, nonlocomotor, and manipulative skills. b) Demonstrate the non-manipulative movements of bending, pushing, pulling, stretching, turning, twisting, swinging, swaying, rocking, and balancing. c) Demonstrate a minimum of two critical elements (small , isolated parts of the whole skill or movement) used in stationary manipulative skills (e.g. toss and throw to targets, bounce and catch, toss and catch, kick to target, strike with paddle, dribble, roll underhand, trap volley with hand). d) Demonstrate moving to a beat, using basic locomotor and non-locomotor rhythmic patterns.	Teacher Observation Follow-Up Activities
	Movement Principles and Concepts PE K.2	The student will demonstrate use of the movement concepts of directions, levels, pathways, and effort (force and speed) while performing locomotor skills.	Teacher Observation
	Personal Fitness PE K.3	The student will participate for short periods of time in moderate to vigorous physical activities that cause an increase in heart rate, breathing rate, and body temperature.	Question-Answer Discussions
	Responsible Behavior PE K.4 a, b	The student will use appropriate behaviors and safe practices in physical activity settings. a) Demonstrate good listening skills when learning procedures and receiving instruction. b) Demonstrate ability to share, and be cooperative and safe with others.	Teacher Observation
	Physically Active Lifestyle PE K.5, K.6	<ul style="list-style-type: none"> • The student will participate in regular physical activity. • The student will explain why physical activity is good for health. 	Question-Answer Discussions
4 th			Teacher

Nine Weeks	Content and Essential Questions	Skills	Suggested Assessments
	Skilled Movement PE K.1 a, b, c, d, e	The student will demonstrate progress toward the mature form of selected locomotor, nonlocomotor, and manipulative skills. a) Demonstrate the locomotor skills of walking, running, hopping, jumping g and landing. b) Demonstrate the non-manipulative movements of bending, pushing, pulling, stretching, turning, twisting, swinging, swaying, rocking, and balancing. c) Demonstrate a minimum of two critical elements (small , isolated parts of the whole skill or movement) used in stationary manipulative skills (e.g. toss and throw to targets, bounce and catch, toss and catch, kick to target, strike with paddle, dribble, roll underhand, trap volley with hand). d) Demonstrate a minimum of two critical elements used in manipulative skills while moving. e) Demonstrate moving to a beat, using basic locomotor and non-locomotor rhythmic patterns.	Observation
	Movement Principles and Concepts PE K.2	The student will demonstrate use of the movement concepts of directions, levels, pathways, and effort (force and speed) while performing locomotor skills.	Teacher Observation
	Personal Fitness PE K.3	The student will participate for short periods of time in moderate to vigorous physical activities that cause an increase in heart rate, breathing rate, and body temperature.	Question-Answer Discussions
	Responsible Behavior PE K.4 a, b	The student will use appropriate behaviors and safe practices in physical activity settings. a) Demonstrate good listening skills when learning procedures and receiving instruction. b) Demonstrate ability to share, and be cooperative and safe with others.	Teacher Observation
	Physically Active Lifestyle PE K.5, K.6	<ul style="list-style-type: none"> • The student will participate in regular physical activity. • The student will explain why physical activity is good for health. 	Question-Answer Discussions