

Page County Public Schools

Curriculum Pacing Guide

Course: PE
Grade Level: 3

Nine Weeks	Content and Essential Questions	Skills	Suggested Assessments
1st	Skilled Movement PE 3.1 a, b	Apply locomotor, non-locomotor and manipulative skills in increasingly complex movement activities. a) Demonstrate most of the critical elements (isolated, small parts of the whole skill or movement) for manipulative skills (throw and catch a variety of objects, kick to stationary and moving partners/objects, dribble with dominant hand/foot, pass a ball to a moving partner). b) Use manipulative skills in movement combinations (perform manipulative tasks while dodging and moving in different pathways; catch a rolled ball while moving, and throw it back to a partner).	Follow-up Activities Teacher Observation Station Work
	Movement Principles and Concepts PE 3.2 a, b	Apply movement principles in increasingly complex movement activities. a) Apply the principles of relationships while moving in space and using non-manipulative and manipulative skills. b) Apply the principles of relationships when working with a partner while moving such as passing a ball in front of a moving partner.	Follow-up Activities Teacher Observation Station Work
	Personal Fitness PE 3.3	Will engage in a variety of moderate to vigorous physical activities and describe how and why the body responds to the activities (physiological changes such as sweating, increased heart rate, and increased respiration.)	Discussions Question-Answer
	Responsible Behaviors PE 3.4 a, b, c	Demonstrate an understanding of the purpose for rules, procedures, etiquette, and respectful behaviors while in various physical activity settings. a) Demonstrate independence and good use of time while practicing physical activity. b) Provide input into establishing rules and guidelines for behavior in physical activity settings. c) Work cooperatively with peers.	Teacher Observation Cooperative Skills Practice of Safety
	Physically Active Lifestyle PE 3.5 a, b	Student will identify and participate regularly in physical activities to improve skills and personal health. a) Select and participate in physical activities during scheduled times at home, at school or in the community. b) Identify one physical activity that the student participates in regularly for fitness, enjoyment and/or social interaction.	Student Participation Discussion
2nd	Skilled Movement PE 3.1 a, b, c	Apply locomotor, non-locomotor and manipulative skills in increasingly complex movement activities a) Demonstrate most of the critical elements (isolated, small parts of the whole skill or movement) for manipulative skills (throw and catch a variety of objects, kick to stationary and moving partners/objects,	Follow-up Activities

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		dribble with dominant hand/foot, pass a ball to a moving partner). b) Use manipulative skills in movement combinations (perform manipulative tasks while dodging and moving in different pathways; catch a rolled ball while moving, and throw it back to a partner). c) Demonstrate moving to a rhythm (performing simple dances in various formations, developing and refining a creative educational dance sequence that repeats).	Teacher Observation Station Work
	Movement Principles and Concepts PE 3.2 a, b	Apply movement principles in increasingly complex movement activities. a) Apply the principles of relationships while moving in space and using non-manipulative and manipulative skills. b) Apply the principles of relationships when working with a partner while moving such as passing a ball in front of a moving partner.	Follow-up Activities Teacher Observation Station Work
	Personal Fitness PE 3.3	Participate in a variety of moderate to vigorous physical activities and describe how and why the body responds to the activities (physiological changes such as sweating, increased heart rate, and increased respiration.)	Discussions Question-Answer Participation in Fitness Testing
	Responsible Behaviors 3.4 a, b, c	Demonstrate an understanding of the purpose for rules, procedures, etiquette, and respectful behaviors while in various physical activity settings. a) Demonstrate independence and good use of time while practicing physical activity. b) Provide input into establishing rules and guidelines for behavior in physical activity settings. c) Work cooperatively with peers.	Teacher Observation Cooperative Skills Practice of Safety
	Physically Active Lifestyle PE 3.5 a, b	Student will identify and participate regularly in physical activities to improve skills and personal health. a) Select and participate in physical activities during scheduled times at home, school, or in the community. b) Identify one physical activity that the student participates in regularly for fitness, enjoyment, and/or social interaction.	Projects Journals-Log- Reports Student Participation
3 rd	Skilled Movement PE 3.1 a, b,	Apply locomotor, non-locomotor and manipulative skills in increasingly complex movement activities a) Demonstrate most of the critical elements (isolated, small parts of the whole skill or movement) for manipulative skills. b) Use manipulative skills in movement combinations (perform manipulative tasks while dodging and moving in different pathways; catch a rolled ball while moving, and throw it back to a partner; develop	Follow-up Activities Teacher Observation Station Work

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		and refine educational gymnastics sequence).	
	Movement Principles and Concepts PE 3.2 a, b	Apply movement principles in increasingly complex movement activities. a) Apply the principles of relationships while moving in space and using non-manipulative and manipulative skills. b) Apply the principles of relationships when working with a partner while moving such as passing a ball in front of a moving partner.	Follow-up Activities Teacher Observation Station Work
	Personal Fitness PE 3.3	Participate in a variety of moderate to vigorous physical activities and describe how and why the body responds to the activities (physiological changes such as sweating, increased heart rate, and increased respiration.)	Discussions Question-Answer
	Responsible Behaviors PE 3.4 a, b, c	Demonstrate an understanding of the purpose for rules, procedures, etiquette, and respectful behaviors while in various physical activity settings. a) Demonstrate independence and good use of time while practicing physical activity. b) Provide input into establishing rules and guidelines for behavior in physical activity settings. c) Work cooperatively with peers.	Teacher Observation Cooperative Skills Practice of Safety
	Physically Active Lifestyle PE 3.5 a, b	Student will identify and participate regularly in physical activities to improve skills and personal health. a) Select and participate in physical activities during scheduled times at home, school, or in the community. b) Identify one physical activity that the student participates in regularly for fitness, enjoyment, and/or social interaction.	Student participation Discussion
4 th	Skilled Movement PE 3.1 a, b	Apply locomotor, non-locomotor and manipulative skills in increasingly complex movement activities a) Demonstrate most of the critical elements (isolated, small parts of the whole skill or movement) for manipulative skills. b) Use manipulative skills in movement combinations (perform manipulative tasks while dodging and moving in different pathways; catch a rolled ball while moving, and throw it back to a partner; develop and refine educational gymnastics sequence).	Follow-up Activities Teacher Observation Station Work
	Movement Principles and Concepts PE 3.2 a, b	Apply movement principles in increasingly complex movement activities. a) Apply the principles of relationships while moving in space and using non-manipulative and manipulative skills. b) Apply the principles of relationships when working with a partner while moving such as passing a ball in	Follow-up Activities Teacher

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		front of a moving partner.	Observation Station Work
	Personal Fitness PE 3.3	<ul style="list-style-type: none"> • Participate in a variety of moderate to vigorous physical activities and describe how and why the body responds to the activities (physiological changes such as sweating, increased heart rate, and increased respiration). 	Discussions Question-Answer
	Responsible Behaviors PE 3.4 a, b, c	<p>Demonstrate an understanding of the purpose for rules, procedures, etiquette, and respectful behaviors while in various physical activity settings.</p> <p>a) Demonstrate independence and good use of time while practicing physical activity.</p> <p>b) Provide input into establishing rules and guidelines for behavior in physical activity settings. Work cooperatively with peers.</p>	Teacher Observation Cooperative Skills Practice of Safety
	Physically Active Lifestyle PE 3.5 a, b	<p>Student will identify and participate regularly in physical activities to improve skills and personal health.</p> <p>a) Select and participate in physical activities during scheduled times at home, school, or in the community.</p> <p>b) Identify one physical activity that the student participates in regularly for fitness, enjoyment, and/or social interaction.</p>	Student Participation Discussion